

RULES: Current MA LSC rules will govern the meet. MA swimming safety guidelines will be in effect. Fly-over starts will be used for sessions 2 and 3. All swimmers (except backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

The meet director reserves the right to make changes to the meet if needed, in order to minimize the impact of weather conditions and ensure each competition session is conducted within 3 hours.

WARM UP RULES: All entries into the pool during the warmup session will be feet first. Warmups will be circle swimming.

DECK ACCESS: Deck access is limited to coaches, officials, and essential meet personnel displaying proper credentials.

ELIGIBILITY: All swimmers 12 years old or younger. Age for event entry is the swimmer's age as of **October 31, 2011**. All SAL, USA, YMCA, and other Team swimmers are welcome.

ENTRIES: Swimmers may enter a maximum of **five (5)** events. Entries should be made using Hytek Team Manager software and submitted on disk or by email to address below. See the PAC website (www.pennaquatics.com) for details. The enclosed summary form must accompany each team's entries. **E-MAIL ALL ENTRIES TO:** catswim1@verizon.net.

DECK ENTRIES: **Subject to space availability, deck entries will be accepted at \$8/event.** You must see the on deck meet director prior to the start of the meet/session if you wish to deck enter a swimmer.

ENTRY FEES: \$5.00 for each event. Please make check payable to Pennsbury Aquatic Club. Indicate team name and "splash entry fees" in the memo field.

DEADLINE: All entries must be postmarked or received via email by **December 31, 2011**
ABSOLUTELY NO LATE ENTRIES. It is a busy time of year. Please respect our need to process entries on time.

MAIL FORMS & CHECKS TO:

Penn Aquatics **ATTN: SPLASH**
ATTN: SPLASH
PO Box 991
Morrisville, PA 19067

FOR INFORMATION CONTACT :

Yvonne Cappiello-Pastor
whywine@aol.com

AWARDS: Medals will be awarded for 1st, 2nd, and 3rd places; double-ribbons for 4th through 6th places; ribbons for 7th through 18th places. Participation ribbons for all swimmers. **Swimmer's awards will be given to the coaches at the end of the meet.** Results will be posted on the PAC website.

MEET REFEREE: Dale Carmody (dcar172387@aol.com)

OFFICIALS: Andy Raffle (ANDY@askandyaffle.com) is coordinating officials. If you are interested in officiating (Starter/Ref, S&T Judge), please contact Andy directly.

SAFETY DIRECTOR: Chris Lucca 215-208-1821

MEET DIRECTOR: Yvonne Cappiello (whywine@aol.com)

ADMISSION: No charge for admission. Meet Program \$4.00.

FOOD: Variety of breakfast, lunch, and snack items will be available at the Pool.

EQUIPMENT: **Personal Best** will be selling swimming equipment and apparel.
T-Shirts will be sold.

*****WE RESPECTIVELY REQUEST EACH TEAM PROVIDE A TIMER FOR EVERY TEN (10) SWIMMERS PER SESSION****

USA SWIMMING AND MIDDLE ATLANTIC SWIMMING SHALL BE FREE AND HELD HARMLESS FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.